

DOES THIS SOUND LIKE YOUR PARTNER OR YOUR CURRENT RELATIONSHIP?

- Tells you that you can never do anything right
- Jealous of your friend and/or family and time you spend with them
- Keeps you from or discourages you from seeing your family or friends
- Tells you that you need to choose between your family and friend or them
- Insults you, shames you or puts you down on a regular basis
- Takes away your money or refused to give you money for everyday things such as: groceries, gas, cigarettes, medication, etc
- Looks at you in a way that scares you or does things to scare you
- Prevents you from working or going to school, Getting you fired from your job because he take the transportation or purposely causes you to miss work
- Make you ask permission before you can do anything or spend any money
- Destroys your property
- Threatens to hurt or kill your pets
- Tell you that you are a bad parent or threatens to take or hurt the kids if you leave
- Intimidate you with any sort of weapon
- Pressures you into sex or sexual things you are not comfortable with
- Pressures you to get pregnant or hides your birth control from you
- Pressures you into using drugs or drink alcohol

ABUSIVE PARTNERS MAY SEEM ABSOLUTELY PERFECT IN THE BEGINNING OF YOUR RELATIONSHIP. ABUSIVE AND CONTROLLING BEHAVIOR DOESN'T ALWAYS HAPPEN OVER NIGHT. IT STARTS OUT WITH LITTLE THINGS AND GROWS WITH HIS CONFIDENCE THAT HE CAN ABUSE YOU. MOST ABUSERS CONDITION THEIR VICTIMS.

IF SOMETHING DOESN'T SEEM RIGHT, IT ISN'T! GET OUT IMMEDIATELY, YOUR LIFE COULD DEPEND ON IT.